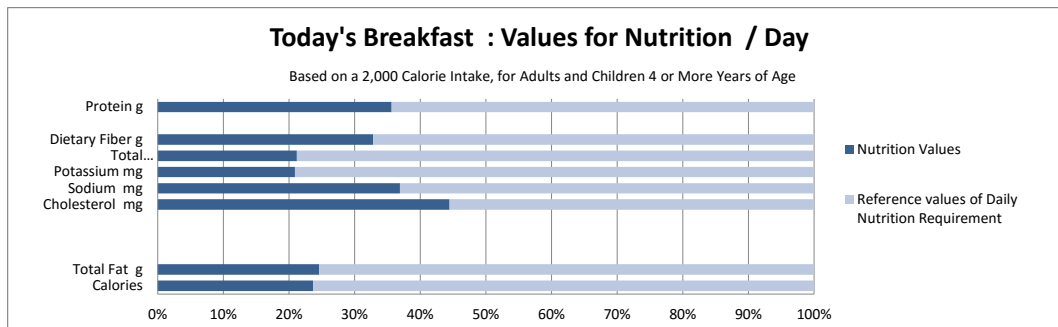




yogurt	sandwiches	soup	total	Reference Values for Nutrition Labeling, Based on a 2,000 Calorie Intake, for Adults and Children 4 or More Years of	
Nutrition Facts	Nutrition Facts	Nutrition Facts	Nutrition Facts		
Servings Per Recipe: 1	Servings Per Recipe: 1	Servings Per Recipe: 1	Servings Per Recipe: 1		
Serving Size: 1 serving	Serving Size: 1 serving	Serving Size: 1 serving	Serving Size: 1serving		
Amount Per Serving	Amount Per Serving	Amount Per Serving			
Calories153.5	Calories328.6	Calories138.5	Calories	620.6	2000
Total Fat6.1 g	Total Fat7.8 g	Total Fat7.3 g	Total Fat g	21.2	65
Saturated Fat1.9 g	Saturated Fat1.7 g	Saturated Fat2.5 g			
Polyunsaturated Fat2.7 g	Polyunsaturated Fat1.0 g	Polyunsaturated Fat0.9 g			
Monounsaturated Fat0.8 g	Monounsaturated Fat0.6 g	Monounsaturated Fat2.1 g			
Cholesterol10.4 mg	Cholesterol14.8 mg	Cholesterol214.8 mg	Cholesterol mg	240	300
Sodium73.4 mg	Sodium1,024.6 mg	Sodium307.0 mg	Sodium mg	1405	2400
Potassium356.9 mg	Potassium501.6 mg	Potassium66.5 mg	Potassium mg	925	3500
Total Carbohydrate16.0 g	Total Carbohydrate55.2 g	Total Carbohydrate9.5 g	Total Carbohydrate g	80.7	300
Dietary Fiber5.4 g	Dietary Fiber5.0 g	Dietary Fiber1.8 g	Dietary Fiber g	12.2	25
Sugars10.7 g	Sugars3.0 g	Sugars1.1 g			
Protein8.8 g	Protein11.1 g	Protein7.8 g	Protein g	27.7	50
Vitamin A2.2 %	Vitamin A0.9 %	Vitamin A119.9 %			
Vitamin B-1211.0 %	Vitamin B-120.3 %	Vitamin B-1210.7 %			
Vitamin B-63.3 %	Vitamin B-619.8 %	Vitamin B-63.6 %			
Vitamin C3.3 %	Vitamin C16.4 %	Vitamin C0.5 %			
Vitamin D6.1					